

GILDA'S CLUB MINNESOTA

Impact Report

2025

GILDA'S CLUB MINNESOTA
An Affiliate of the

About Gilda's Club



Our Mission

Uplift and strengthen people impacted by cancer by providing support, fostering compassionate communities, and breaking down barriers to care.

Our Impact Statement

To become a community for all Minnesotans impacted by cancer. A place to gather, connect, and learn – how and when they want – regardless of location, status, and background.

Our Values

- We believe in serving our community with integrity, acceptance, and trust.
- We collectively and intentionally nurture meaningful relationships.
- We embrace laughter, tears, joy, and fear.
- We value self-care, curiosity, and the opportunity for growth.

Gilda Radner's Legacy

Following her own cancer diagnosis, former Saturday Night Live comedian Gilda Radner quipped, "Cancer gave me membership in an elite club I'd rather not belong to."

Today that club is Gilda's Club. From the very first Gilda's Club in New York City founded in 1995, to today's network of more than 40 independent and locally-funded affiliates, Gilda's Club is where membership means connecting with people who truly understand. Gilda's Club Minnesota is proud to be part of the worldwide Cancer Support Community (CSC).



Gilda Radner

A Message from our CEO

Dear Friends,

As we reflect on the impact Gilda's Club Minnesota made in 2025, we are grateful for a year of continued growth, innovation, and connection. Our purpose remains at the heart of everything we do: ensuring that no one faces cancer alone.

In 2025, our community recorded 8,291 total visits, supported 736 active members, and welcomed 378 new members. These numbers represent more than participation; they reflect people finding connection during some of life's most challenging moments. With support groups, healthy lifestyle classes, social activities, and educational workshops, our programs continue to support the whole person - emotionally, socially, and physically.

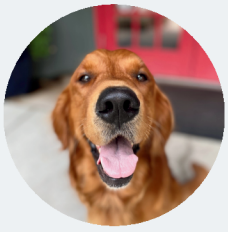
Our growing Virtual Clubhouse continues to extend our impact throughout Minnesota, reducing geographic barriers and making meaningful connection possible for people who may not be able to access in-person support. As our virtual community grows, we are creating new pathways for people in rural and underserved communities to connect with others who understand their experiences with cancer.

None of this work happens alone. Our staff, volunteers, donors, members, academic partners, and community supporters make this mission possible. Your generosity allows us to continue offering free, professionally led, evidence-informed support while exploring new ways to reach and serve people across our state. Together, we are building a statewide community of hope, resilience, and belonging.

With gratitude,



Katherine Todd
Chief Executive Officer
Gilda's Club Minnesota



Hank

P.S. Hank, our rescued clubhouse dog, continues to bring warmth, comfort, and connection to our community. His presence reminds us that healing can take many forms and that sometimes a little unconditional love makes a meaningful difference.

Membership & Program Engagement

By the Numbers

More than **37,000** new diagnoses in 2025

Impact

8,291
visits to support groups, healthy lifestyle activities, workshops, and socials

736
Active Members
378
New Members

100%
of members felt Gilda's Club had a positive impact on their lives

100%
access programs at no charge

4,168
Support Group Visits

954
Social Visits

2,191
Healthy Lifestyle Visits

126
Education Session Visits

Thank you very much for giving us the opportunity to take classes that are right for our health.

- Judy, Gilda's Club Member

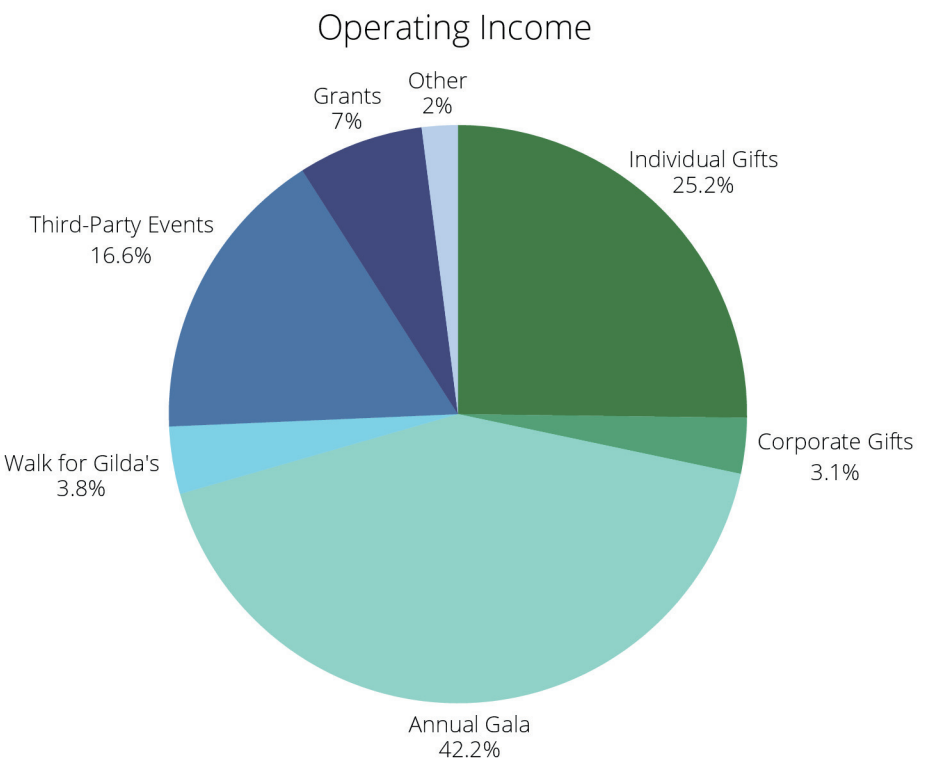
INNOVATING WITH OUR COMMUNITY

Innovation and collaboration are helping us strengthen how we serve. Doctoral students continue to partner with our team to improve workflows, increase efficiencies, and create a more welcoming, seamless experience for members. Our research partnerships with the University of Minnesota are also helping us better understand the psychosocial support needs of young adults facing cancer and explore the role of nature in supportive care.

One particularly meaningful project is **ConnectedNest**, a mobile app for resources and referrals developed through four years of collaboration among Gilda's Club Minnesota, the University of Minnesota, and Xanthos Health. After years of development and testing, ConnectedNest is now in the hands of cancer patients. This achievement represents the power of sustained partnership and our shared commitment to bringing emotional, educational, and social support resources closer to the people who need them.

Financials

**Graphs below prepared from preliminary financial statements for the year ending December 31, 2025.*







Annual Gala

Walk for Gilda's





By the Numbers

100%

funded by the community

$937,557 raised through community support from individuals, corporations, institutions, foundations, and civic organizations

70%

of GCMN's operating expenses goes towards programming

$103,633 value in in-kind gifts was given to Gilda's Club in 2025, bolstering our programming and capacity

Volunteer Impact



*hours were generously given to Gilda's Club by **128** dedicated volunteers throughout the year - each hour a gift of compassion, care, and connection.*



instructors shared their time and expertise with our members, leading healthy lifestyle classes, support circles, social events, and educational workshops.



*Gilda Greeters donated **626** hours welcoming every member who walked through our doors, creating a sense of warmth and communty.*

In addition to their time, volunteers share their presence, kindness, and knowledge with Gilda's Club members.

Volunteer instructors make it possible for us to offer a wide variety of programming, leading yoga classes, creative workshops, sound healing sessions, and more.

I greatly appreciate the accessibility of this class. My body is getting worn out from treatment, but the way this instructor guides us is always with kindness and gentle instruction, never diminishing the participants or watering down the practice. She does a wonderful job!

- Billie, Gilda's Club Member