

IMPACT REPORT 2021

As we close Fiscal Year 2021, we celebrate the reimagining of Gilda's Club Twin Cities with the reopening of the physical clubhouse, the official launch of our virtual clubhouse as a second clubhouse, and commitment to increase our reach and access, helping more Minnesotans impacted by cancer than ever before. Community is stronger than cancer.™

PROGRAM

6,641 total program visits

Since introducing virtual programming in 2020, program visits have increased an average of 16% compared to pre-pandemic 2019 total program visits.



SUPPORT

Group support provides members opportunities for connection with others who are sharing a similar experience and the comfort in knowing you are not alone.

4,388 visits to support groups.

57 support groups and Art Therapy classes offered.



HEALTHY LIFESTYLE

Healthy Lifestyle classes empower members with skills to reduce stress and adopt new habits for wellbeing.

1,115 visits to healthy lifestyle classes.

Plus new virtual classes for creative expression, mindfulness, and exercise.



SOCIAL OPPORTUNITIES

Where members can laugh and connect with others who "just get it".

684 visits to social opportunities.

Brought back in-person socials and added new virtual socials.



EDUCATION SESSIONS

Educational workshops provide members with opportunities to acquire new skills, information and techniques to learn how to live with cancer.

113 visits to education workshops.

MEMBERS

542 Active Members

including 243 New Members

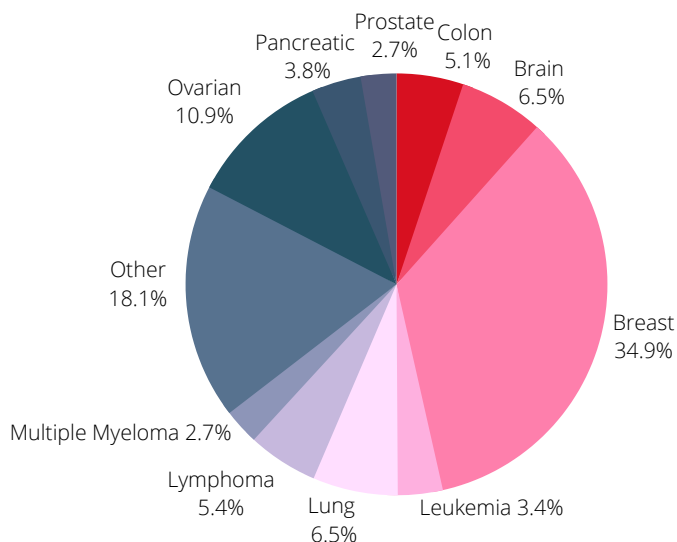
82% Female



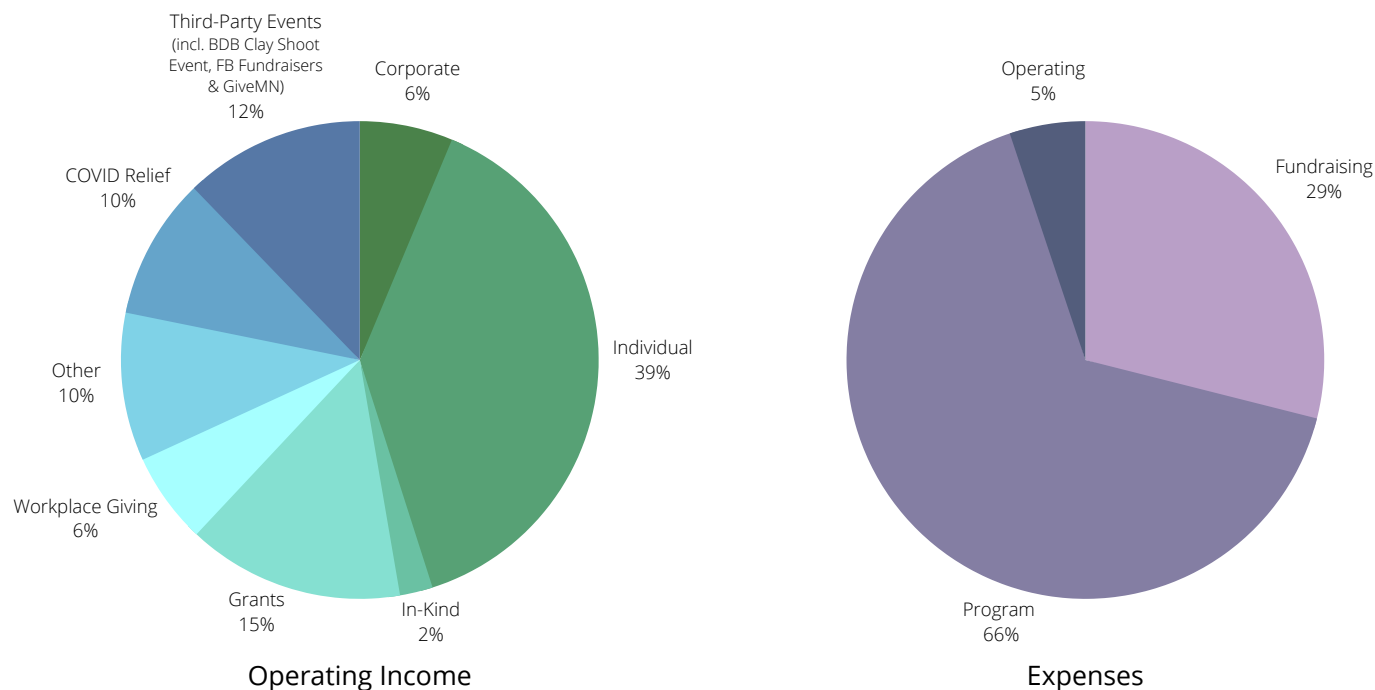
18% Male



Cancer Diagnoses



FINANCIALS



Gilda's Club Twin Cities is 100% funded by the community. In 2021, Gilda's Club Twin Cities raised \$792,470 through community support from individuals, corporations, institutions, foundations, and civic organizations to sustain our vision that no one should face cancer alone.

**Graphs above prepared from preliminary financial statements for the year ending December 31, 2021.*

WORDS FROM OUR MEMBERS AND VOLUNTEERS

"Having Gilda's as a resource has been a very important asset for me this past year as I went from being a caregiver for my husband to grieving for him." - Anonymous, GCTC member

"Gilda's Club's impact has been huge. It made it 100% better to deal with cancer than it would have been without it. Gilda's gave me a community that was understanding, supportive, and fun." - Nancy H., GCTC member and volunteer

"I have seen first hand the amazing impact the Gilda's Club community has on people living with cancer and their family and friends. I can't recommend it enough!" - Julie G., GCTC volunteer and donor

"Everyone at Gilda's Club has been so welcoming, accommodating, and kind! I sure appreciate having Gilda's as a resource!" - Erin M., GCTC new member